From: Fr. Marc Dunaway <frmarcd@aol.com> To: stjohnalaska <stjohnalaska@aol.com> Subject: Upbeat News for Holy Wednesday Date: Wed, Apr 15, 2020 10:07 am Attachments: Home Vespers - Holy Wednesday.pdf (189K)

Dear Faithful and Friends of Saint John's,

Daffodils are for sale at Fred Meyer's and the snow is melting quickly as the temperatures stay above freezing at night.

There is no live stream service from the Cathedral tonight. Instead I encourage each family as they are able to say the "Home" Vesper prayers for Holy Wednesday. These prayers are attached and can also be found on the Cathedral website <u>here</u>. The Church is still the Church even when we cannot gather for a time, and Christ is with us an in our homes. The prayers our Church will offer tonight are offered by your family in your home.



As I mentioned last night Metropolitan Joseph called on Monday to ask how all of us were doing. He is doing the Holy Week services himself in the chapel of the Chancery in Inglewood, NJ with just two others. The link below is Metropolitan Joseph's Holy Week greeting to our Churches from his chapel. The second link is a greeting from the leadership of the Assembly of Orthodox Bishops in North America. Both of these short videos are worth watching. <u>Metropolitan Joseph's Holy Week Message</u> <u>Assembly of Bishops Greeting</u>

Finally, Metropolitan Kallistos (Ware) wrote a very nice, short word about prayer, which I am sure you will find encouraging. It is posted <u>here</u> on Public Orthodoxy.

Let us take one day at a time as we enter into the holy days ahead. Pascha is not far away. Spring is Coming. And these pandemic restrictions will end.

Peace,

Fr. Marc